

# #Big Family BrushUp

19 June - 31 July 2017

Enter your completed brushing chart into our competition for a chance to win some great prizes!

[www.bigfamilybrushup.co.uk](http://www.bigfamilybrushup.co.uk)

Give yourself a tick or a sticker if you manage to brush for two minutes each time!



Week 1	Week 2	Week 3	Week 4
 	 	 	 

Monday							
Tuesday							
Wednesday							
Thursday							
Friday							
Saturday							
Sunday							

Reward



Write a reward in the box to work towards each week!

Denplan  
from



Simplyhealth  
Professionals

