

Keep on smiling



Keep on smiling with National Smile Month - Happy 40th Birthday!

The nations annual reminder about the true value of oral health

16th May to 16th June 2016

This year National Smile Month takes place between 16th May and 16th June. It's a great opportunity to learn more about our oral health and find out just why it is so important to our overall wellbeing.

National Smile Month turns 40 this year - the UK's largest and longest running oral health campaign.

There are three key messages:

- Brush your teeth for two minutes twice a day with a fluoride toothpaste
- Cut down on how often you have sugary foods and drinks
- Visit your dentist regularly, as often as they recommend



To find out more about National Smile Month, visit www.smilemonth.org

My dental score

Find out the state of your oral health with a free and simple online assessment.

www.denplan.co.uk/mydentalscore

myteeth

In between visiting your dentist have a look at our dedicated oral health area.

www.denplan.co.uk/myteeth



Denplan

At the heart of dental care

Denplan Limited, Denplan Court, Victoria Road, Winchester, SO23 7RG, UK.
Tel: +44 (0) 1962 828 000. Fax: +44 (0) 1962 840 846.

Part of Simplyhealth, Denplan Ltd is an Appointed Representative of Simplyhealth Access for arranging and administering dental insurance. Simplyhealth Access is incorporated in England and Wales, registered no. 183035 and is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. Denplan Ltd is regulated by the Jersey Financial Services Commission for General Insurance Mediation Business. Denplan Ltd only arranges insurance underwritten by Simplyhealth Access. Premiums received by Denplan Ltd are held by us as an agent of the insurer. Denplan Ltd is registered in England No. 1981238. The registered offices for these companies is Hambleden House, Waterloo Court, Andover, Hampshire SP10 1LQ.