

# Press Release

Wednesday 10 May 2017

## **YDEPPA launched: new online assessment for young patients**

Simplyhealth Professionals has today announced a new personalised assessment for young patients which they are providing through their highly regarded Denplan PreViser Patient Assessment (DEPPA) application. Young DEPPA (YDEPPA) brings the benefits of comprehensive online patient assessment to young patients and their parents or carers for the first time.

The primary benefit of YDEPPA, like its adult counterpart, is to support communication with young patients about their oral health. YDEPPA reports offer personalised biofeedback in a patient friendly manner. Dentists can access YDEPPA from the main menu of DEPPA by selecting 'Young Patients'.

The reports use a traffic light colour-code system of red, amber and green to indicate what is going well and what the patient needs to improve on with the help of their dental care provider. Smiley symbols enhance the colour-code effect for young patients. The reports clearly indicate if any aspects of oral health should be of particular concern to patients and their parents or carers. Prevention advice tailored to the age of the patient forms the second page of the report.

A young patient DEPPA report (patients under 17 years of age) comprises two key scoring elements:

- A composite score (YDEPPA score) out of 100 measures patient perception and current oral health status, including two risk factors for dental caries and one risk factor for dental erosion. There is no separate measurement or reporting of future disease risk in YDEPPA as at the present time the evidence base for future disease risk factors in young patients is not as developed as that for adults.

- A summary of patient overall care needs (Low, Moderate or High) which may be helpful in fee category guidance in Denplan Plans for Children.

## Your Oral Health



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Powered by **PREVISER**

report id: gbkYnWP

<b>How you feel</b>	 20 out of 24	You told us you sometimes have pain in your mouth You told us that you can eat what you want You are happy with how your teeth look
<b>Tooth decay</b>	 20 out of 20	Your teeth are healthy and you have no fillings/extractions due to decay We have not identified any concerns for tooth decay in your diet You are using the correct strength of toothpaste at least 2x daily You are cleaning your teeth well
<b>Tooth wear</b>	 12 out of 12	You have normal tooth wear for your age We have not identified any concerns for tooth wear in your diet
<b>Tooth defects</b>	 8 out of 8	Your teeth are developing normally
<b>Tooth injury</b>	 8 out of 8	You have had no accidents that have affected your teeth
<b>Gum health</b>	 9 out of 12	You have some bleeding from your gums
<b>Soft tissues</b>	 6 out of 6	The soft parts of your mouth look healthy
<b>Orthodontics</b>	 10 out of 10	We have no concerns about the position of your teeth
 93 out of 100		<b>Total Oral Health Score</b>

Please note: ALL types of screening can produce false negatives/positives and NO algorithms are 100% effective.

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Henry Clover, Director of Dental Policy at Simplyhealth Professionals, said: “There is evidence to support that personalised biofeedback, delivered using reports such as DEPPA for patients, is more likely to trigger the emotional response required in order that behaviour change can occur than traditional methods. The earlier that we can educate young patients on what they can do at home to support dental care plans, the better their oral health will be in the long term.”

On an individual patient basis YDEPPA supplies valuable guidance to inform the development of a care (treatment) plan. YDEPPA reports allow clinicians and patients to monitor the success of care plans over time.

YDEPPA is very quick to complete, comprising just 14 questions. Reports can be either printed in hard copy and given to patients, or e-mailed to them with consent.

YDEPPA protocols were developed using Adult DEPPA, the Oral Health Assessment (OHA) and The Oral Wellbeing Assessments (OWA) as the starting point. Both the OHA and the OWA were developed as part of Denplan Excel for Children. Stephen Fayle, Consultant in Paediatric Dentistry, Leeds, who guided the development of Denplan Excel for Children was a key adviser in the development of YDEPPA, as was Iain Chapple, Professor of Periodontology, University of Birmingham, and Liz Chapple, Managing Director of DEPPA service provider, Oral Health Innovations\*.

Liz Chapple said: “This is a really exciting development as it is the first of its kind. YDEPPA is very simple to use, instantly producing a comprehensive assessment of a child’s oral health in an easy to understand format. If it achieves anything near the positive impact on behaviour that the adult version has achieved, its impact on prevention could be lifelong.”

**-ends-**

**Notes to Editors:**

\* We are also grateful to the many additional colleagues who provided advice during the development of the YDEPPA protocol for the Pilot Study. The Pilot Study was conducted in November 2016. A dozen practitioners who were prolific users of Adult DEPPA were recruited to take part. We used an on-line survey to elicit their feedback.

## **About Simplyhealth Professionals:**

In February 2017, Denplan rebranded as Simplyhealth Professionals.

### **Dental**

Simplyhealth Professionals is the UK's leading dental payment plan specialist with more than 6,500 member dentists nationwide caring for approximately 1.7 million patients registered to a Denplan product.

Simplyhealth Professionals provides the following range of leading Denplan dental payment plans under the Denplan name:

- Denplan Care: all routine and restorative care + worldwide dental injury and dental emergency cover
- Denplan Essentials: routine care only + worldwide dental injury and dental emergency cover
- Denplan for Children: routine and other agreed care + worldwide dental injury and dental emergency cover
- Denplan Membership: registered with the dentist + worldwide dental injury and dental emergency cover
- Denplan Hygiene: A dental payment plan without dental insurance for all types of practice from NHS, mixed and private to support patients commit to a consistent hygiene programme.
- Denplan Emergency Insurance: worldwide dental injury and dental emergency cover only

Simplyhealth Professionals also provide a wide range of professional services for its member dentists and their practice teams, including the Denplan Quality Programme and Denplan Excel Accreditation Programme. Plus regulatory advice, business and marketing consultancy services and networking opportunities.

Dentist enquiries telephone: 0800 169 9962.

For Patient enquiries telephone: 0800 401 402

For details of all of our products, visit [www.denplan.co.uk](http://www.denplan.co.uk)

### **Vets**

Simplyhealth Professionals is the UK's leading pet health payment plan specialist with more than 1,800 member vets nationwide caring for approximately 600,000 registered pets.

Pet owner enquiries telephone: 0800 169 9958

Vet enquiries telephone: 0800 587 2581. [www.pethealthplans.co.uk](http://www.pethealthplans.co.uk)

## **For more information about Simplyhealth Professionals:**

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## About Simplyhealth

In the world of healthcare, more than anywhere, experience counts. Since 1872 – long before the existence of the NHS – Simplyhealth has been helping people to make the most of life, by managing their everyday health needs. That’s why today we ensure over 3 million people in the UK have access to the health products, services and support that they need, when they need them and at a price they can afford.

We’re the kind of people who live by our purpose: we’re here to help people make the most of life through better everyday health. We’re proud to be the leading provider of everyday health cash plans, dental payment and pet health plans. And whilst we may be 144 years old, we’re not afraid to innovate. Whereas once we were known purely for cash plans, we now offer a wide range of products and services with one thing in common: an unflinching desire to cater for peoples’ everyday health needs – now and into the future.

We exist to help people make the most of life through better everyday health. That’s our purpose. We use charitable partnerships to also deliver that purpose, going beyond our products and services, but very much aligned to our business strategy. As a result of our success, in 2016 we were able to donate £1.7m to our charitable causes, supporting 23 different charities including Revitalise, Music in Hospitals, Brainwave Centre and Auditory Verbal, touching the lives of thousands of people across the UK.

Our future success and performance will enable us to deliver our ongoing pledge to donate 10% of our profits to charity every year, supporting health-related charities that share a similar outlook to us and a dedication to helping people with everyday health challenges make the most of life.

Simplyhealth is a trading name of Simplyhealth Access, which is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority.

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